



DAVID & NEHA



# Hello!

We are David and Neha. Thank you for considering us as future parents for your child. We are excited about starting our family through adoption and are grateful that you are taking the time to learn about us.

We admire your courageous and loving decision to consider adoption for your child. We hope this booklet gives you an idea of who we are, our plans for our family and what we have to offer to your child.





# About Us

We met eight years ago when we started our medical training in Boston. Working long hours and overnight shifts in the hospital taught us a lot about each other and, in the end, only made us a stronger couple. After dating for 2 years we decided that we wanted to spend the rest of our lives together. We moved to our current home in San Francisco over a year ago for new job opportunities and to start our family. Although we have enjoyed our time here, we are excited to share our love with a child.

Over the years we have known many friends and work colleagues who have adopted children both from the US and internationally. There are many ways to build a family, but we feel adoption is the right choice for us.

We are both physicians, but are thankful to have flexible schedules.

David works just a few blocks from our home, and we both have the ability to work from home some days of the week. We will be careful to find the right balance between work and home life to raise a happy and healthy child.

We share many of the same interests and have been enjoy learning from each other. Living in California has given us the opportunity to enjoy great weather and access to many wonderful outdoor activities such as hiking, riding bicycles, skiing, and down time at the beach. We also enjoy spending time together with friends and family as well as traveling. We try to take at least one trip a year to somewhere new to learn about a different culture and people. We look forward to including a child on our adventures





Spending time with our niece in New York



Biking in San Francisco



Cooking dinner at home



Working in our garden in our backyard



Making new friends in South Africa



Hiking in New Zealand







# Neha

When I met Neha eight years ago, I was immediately attracted to her because of her outgoing personality. She is a caring, thoughtful and honest person who makes everyone around her feel good about themselves with her warmth and happy personality. She is always eager to strike up conversations with everyone she meets.

Watching her spend time with other children, it is clear that she will be a great mom. When she is with our niece and nephew, who are four and six years old, she is kind and gentle. They are always excited to see her!

Neha has been such a positive influence on my own life that I am confident she will share her great qualities with your child and be an excellent mother.

## FAVORITES

- Time with friends
- Music
- Traveling

## ACTIVITIES

- Hiking
- Cooking
- Gardening
- Reading



Climbing sand dunes in Namibia



Vacation in Italy



Playing with our nephew



Nap time for our niece



Biking around the neighborhood

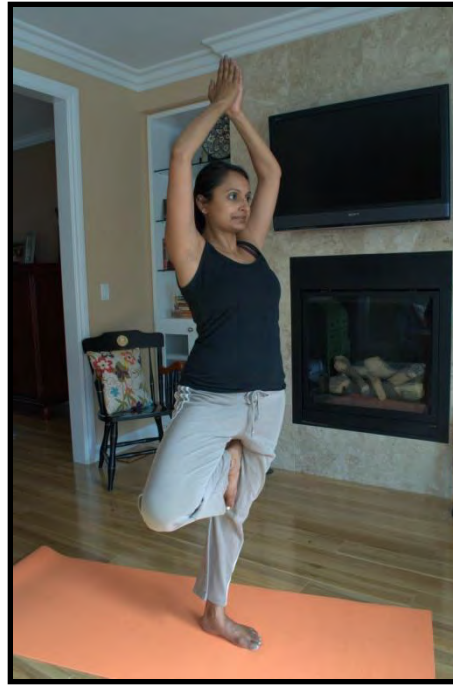


Reading to our niece





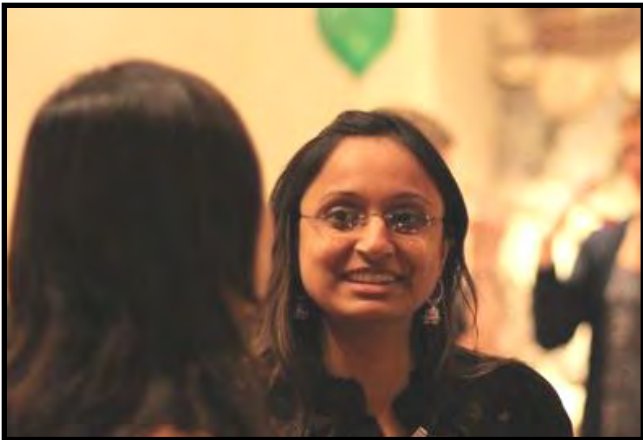
Ready for Christmas morning



Doing yoga



Lunch out with a friend in Atlanta



Talking with friends in Chicago



Quality time with a friend from Baltimore



Biking in San Francisco





# David

David is a supportive, patient, calm and hardworking man. My family also instantly loved him when they first met him and my niece and nephew are always eager to see their uncle and talk with him on the phone.

At work David is motivated and accomplished, but he always finds time to mentor and help others as well. His compassion for people is clearly evident in the way in which he goes above and beyond to help his patients.

At home David keeps me grounded and makes me laugh. He knows how to be silly and just let go and enjoy life. He has an amazing gift with children, and no matter what age the child is, they always seem to love spending time with him. I feel lucky to have him as a partner, and I have no doubt he will be an amazing father. I look forward to starting a family with him through adoption.

## FAVORITES

- Music
- Traveling
- History

## ACTIVITIES

- Hiking
- Gardening
- Cooking
- Reading
- Soccer
- Skiing
- Golf





Traveling with David's brothers



Playing with our nephew



Playing golf



Golf trip for the dad and the three boys



Getting friendly with a kangaroo



Exploring Charleston, South Carolina





Watering the plants in our backyard



Spending time with my brothers



Visiting our niece and nephew



Listening to my nephew explain a new game



Playing baseball with my nephew



Soccer game in Golden Gate Park





David's family at Thanksgiving

Neha's family at a wedding



# Our Family and Friends

Family plays an important part in our lives. We both are very close to our family and enjoy spending as much time with them as possible. David's parents live in Illinois and he has two brothers who live on the east coast. Although everyone seems spread out, we see each other every few months.

Neha has one sister who lives in Georgia with her two children and husband. Neha's parents live in Ohio. Her niece and nephew are incredibly excited to have cousins. Neha has a large extended family that lives all over the US that we also get to see frequently every year.

We are fortunate to have a wonderful group of friends in California and across the country who are supportive and whom we consider part of our family as well. Many of our friends are parents themselves and some have adopted their children. We often take trips or get together with our friends and their children.

Everyone is excited to meet the newest member of our family.





On a trip with David's brothers and their wives



Visiting a temple in India



Neha's sister, niece and nephew



Our niece and nephew come visit us in SF



Exploring a trail with family



Visiting David's parents' hometown





At the Chicago Botanical Gardens



Getting breakfast with friends



An evening out with friends



Vacation with friends



Graduation dinner with friends



Friends excited about their new baby





# Our Home

We live in the city of San Francisco, just a few blocks from Golden Gate Park, the Golden Gate Bridge, and the Pacific Ocean. We chose our neighborhood because there are many other young families with children. Some of the best schools in the city are within walking distance of our home, as well as many smaller parks with playgrounds.

We live in a two-bedroom apartment on a quiet street with a private backyard where we have a garden and room to play. We also love to go for bike rides in the park and take walks in the neighborhood. San Francisco has many family-oriented activities including movies in the park, an aquarium and a children's museum. And many of these places are within walking distance from our home.

We love our neighborhood and feel fortunate to live someplace with so many wonderful activities so close to our home.



Our backyard and deck



Our backyard and deck



One of many playgrounds a few blocks from our home



Golden Gate Park has trails and biking paths plus museums and lots of places to explore





Golden Gate Bridge in the morning



Dolores Park on a warm spring day in SF



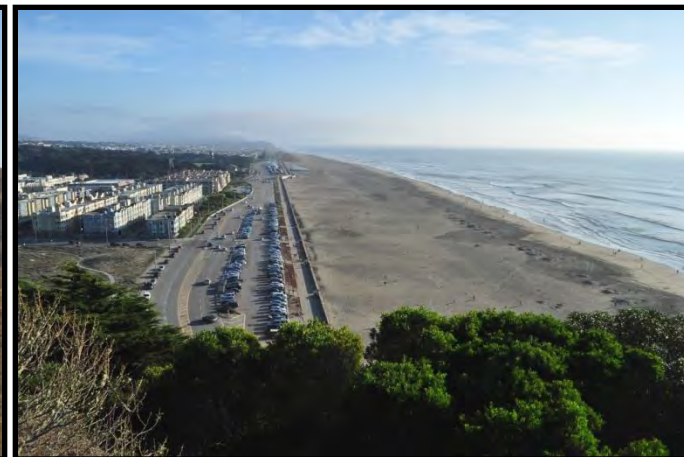
Downtown SF from a ferry



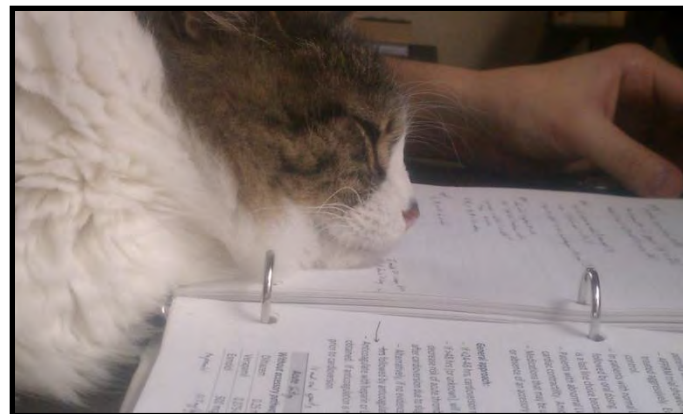
One of the parks where we enjoy hiking



View of the ocean from one of our favorite trails



Ocean Beach near our home





# Our Cat

We love all animals, especially our cat named Zoe. He is a sweet and incredibly playful Maine Coon who loves to be around us. He loves to hang out wherever we are in the house and play hide-and-go-seek and chase his ball. We are actually pretty sure he thinks he's a dog.

He is well-behaved and gentle around children. When our niece and nephew visit they love playing with Zoe and he enjoys the attention.





Both of us grew up in loving and supportive families where we had a safe environment to learn and grow. We were both encouraged to follow our dreams and be unique individuals. We want to give the same opportunity to our children. We believe every child is unique and should have a safe and loving environment to discover who they want to be.

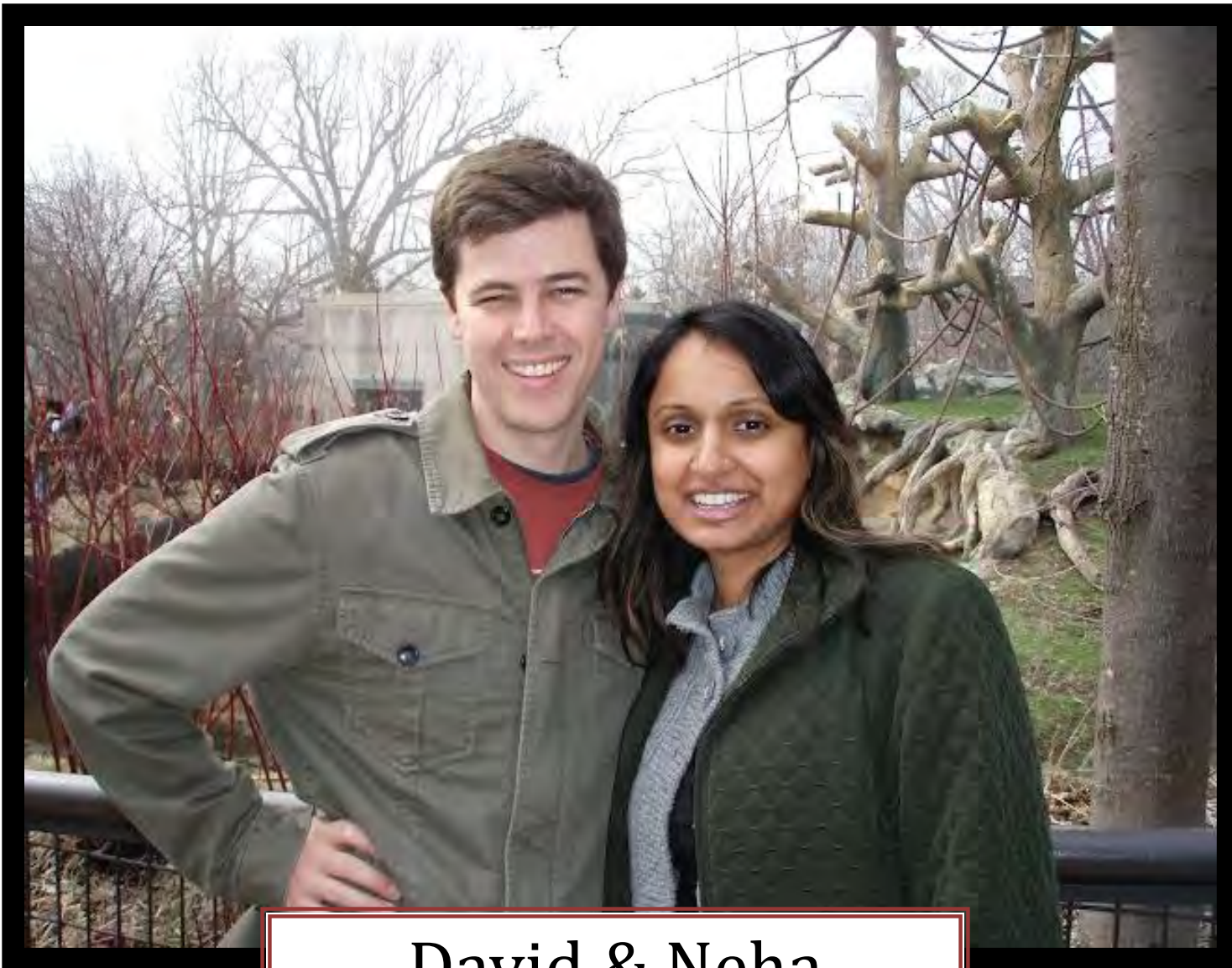
We realize parenting is a big responsibility and that children are a gift. We promise to love your child unconditionally. We hope to teach our children how to appreciate the world, respect and treat others with kindness, and find their path in life.





# Thank You

Thank you for taking the time to learn about us. We hope that you will consider us as the couple to raise your baby. We have a lot of love to share and would be honored to share our lives with your child.



David & Neha